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Marble Bldg., Room 403-9.
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CONCEDES STANLEY WINS.

LOUISVILLE, Nov. 12.—The election of Augustus O. Stanley of Henderson, Democrat, as Governor of Kentucky was conceded in a statement issued today by Edwin P. Morrow of Somerset, the Republican gubernatorial candidate. Mr. Morrow also denied widespread rumors that the Republicans might contest the election of Mr. Stanley before the Legislature.

Until last night Republican campaign managers had claimed a victory for Mr. Morrow. Returns from the 120 counties in the State showed a plurality for Mr. Stanley of slightly more than 300 votes.

HOME GYMNASIUM
FOR WOMEN

BY PAULINE FURLONG



Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

NO. 55—HOW TO KEEP THE LIVER FROM BECOMING TORPID.

Today's exercise shows the side body twisting movements so valuable in overcoming torpid liver and constipation, and in the reduction of the large waist and high abdomen.

Of all the disorders of the human system, constipation is the most common. The treatment for it is so easy and simple and cheap, that the fact that it is so prevalent must be only through ignorance of how to cure and prevent it. Constipation is caused by several different conditions, the most important of which is insufficient fluid in the system, and water starvation. Lack of exercise, improper and shallow breathing and over-eating are also frequent reasons for constipation existing.

The evil results of constipation are many and varied, but the one fact stands out clearly that the very first rational treatment of any disease is to cleanse the system and bowels, to relieve them of the poisons and waste matter which are the real cause of common disorders appearing. Why not, then, take this precaution in the beginning keeping all of the eliminating organs clean and in perfect working order, to perform the duties intended by nature?

Constipation and torpid liver respond to intelligent treatment almost immediately. Exercises for the dormant muscles of the trunk are the only rational and permanent cure for these two diseases. The continued use of drugs will eventually cause many serious complications and render the eliminative organs weak and wholly incapable of performing their duties without them.

Certain foods are valuable in the treatment of constipation, among them fruits, salads, green vegetables, all dark breads, coarse cereals, hominy, corn, crushed wheat, oatmeal and bran. When fruits are eaten as a laxative they should be taken between

another symptom of indigestion, the diet should be regulated accordingly. All meats, eggs, fish, cream, cheese, and other animal foods should be disallowed. Tea, coffee and all alcoholic should be omitted from the diet, if you wish to obtain relief. Cereals, fruits, salads, vegetables and copious water drinking will prove of great benefit. A limited amount of any foods will help overcome the trouble and pain. Stretching, deep breathing and relaxing exercises will do you as much good as the more

strenuous ones. Turkish or any kind of sweat baths are also recommended.

MRS. E. K. F. asks—"How can I remove a double chin? I am not fat at all, but still I have a decided double chin." The double chin is not always caused by excessive fat, but by relaxed muscles, and may be speedily overcome by practicing the exercises for the neck and chin, together with massage, to stimulate the tissues and help them throw off the worn-out

particles by improving the circulation.

Wallace Irwin to Wed. LOUISVILLE, Ky., Nov. 12.—The engagement of Wallace Irwin, writer of New York, and Miss Letitia McDonald, popular society girl and a writer who has scored several successes, was announced by Mr. and Mrs. Donald McDonald, parents of the bride-to-be to-night. The wedding will take place on Jan. 1.

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Fur Trimmed Coats & Suits

New Long Flare Models, Never Before Shown

Coats
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18.50
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Silk Velour
Seal Plush
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In all the
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Imported Velour Coat, Silver Opossum Trimmed; One of Our \$35.00 Models
Zibeline Coat, Ring Tail Raccoon Trimmed; One of Our \$18.50 Models
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A special offering presents fashionable Modes at the following interesting price concessions:

Suits of Whipcord	\$22.50	Coats of Zibeline	\$19.50
Suits of Broadcloth	29.50	Coats of Corduroy	22.50
Suits of Velveteen or Broadcloth	35.00	Coats of Cloth	29.50

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Play Suits for Little Children

(sizes 2 to 6 years)

In order to further introduce these ideally comfortable and picturesque little Woolen Suits, consisting of a snug Sweater, Leggings, Cap and Mittens to match,

1,000 will be placed on Sale to-morrow in the Hosiery Department (First Floor) at the special price of . . . per suit \$5.00

The assortments embrace complete Suits in all white, copenhagen, oxford or castor.

Apparel of Distinction
for Young Girls and Children

The section devoted to Girls' and Children's apparel contains the newest styles in School and Dress Coats, Every-day and Party Dresses, Blouses, Shirt Waists and Separate Skirts, adapted for all occasions, and at prices ranging from the most reasonable to the more expensive.

Young Men's Suits

The extreme care exercised in the selection of Young Men's Suits made for B. Altman & Co. is an assurance of garments of faultless style, tailoring and quality. Reasonable prices obtain.

In the regular stock are especially attractive Suits at \$23.50 & 25.00
Also Cutaway Frock Coats, and correct evening clothes, including Dinner Suits.

The Boys' Clothing Department is featuring prominently in the regular stock large assortments of

OVERCOATS, SWEATERS & BATHROBES in attractive styles, and at moderate prices.

For the younger boy the stock of Washable Suits, which are now worn at all seasons, is most complete, the very attractive models being shown in desirable materials, popularly priced.

A Special Sale to-morrow will comprise Boys' Mackinaws, in assorted plaids, \$5.75

Letters From Evening World
Readers Following Miss
Furlong's Lessons.

A. B. L. writes: "Your articles on health have held my attention from the very first and I have most all of the numbers, though I do not need them. I am saving them for future reference, as I do value them so much. It is really impossible for me to express what wonders they have done for me in general, and I have confidence that much more could be accomplished if I only had more time to devote to the course. I have been quite slender, but am taking on flesh quite steadily and my body is looking splendidly, not a bone can be seen, and my bust and arms have rounded out wonderfully, so much so that I am almost afraid I shall have to go in for the reducing course if I am not careful. I have taken your advice and rest for five minutes after lunch, and feel so refreshed, and I think this rest has played a great part in my change of health. My neck and throat are making slow progress and I am using cold salt solution, applying it with a soft brush, every morning upon arising. I have used your developing cream, and my skin responded to it to such an extent that my friends remarked about the improvement in it, but I now notice a regular down all over my face and shoulders. I do so need a treatment of this kind, as my skin is very dry and inclined to wrinkle. I cannot use a soap, as it seems to dry my skin. Can you help me?"

Your kind testimonial pleased me very much. I hope you have not overlooked the chest raising exercises and deep breathing, to develop the shoulders, bust, chest and neck, as they are very effective and really work wonders in a very short time. Use almond oil instead of soap on the dry skin and use jelly lotions if you are inclined to superfluous hair. Any constant massage with greasy creams will promote the growth of hair, just as it would if applied to the scalp.

MRS. MAUDE S. R. writes—"It was with great interest that I read your article on gout, as I have been a terrible sufferer from it for the last three years and, after spending a small fortune, have not had any relief. I have it in my shoulders, also hip joints, in addition to my toes, and I am terrified for fear the dreadful disease will spread all over my body, if it is not arrested somehow. The leg swinging exercise you illustrated, for those in the first stages of the pains of gout, is too strenuous for me, owing to the inflammation in my right hip. I would certainly appreciate it if you could advise me of something not so difficult and also what to eat to relieve this."

There is not much that I can add to the article which was published last week about gout, and if your case is too far advanced to permit you to exercise, massage will be the only wise substitute. As gout is only

The Sensation of the Panama-Pacific Exposition.

The Marimba Players

And of course Columbia is right on the job with some record for you. The Marimba is a Central American instrument—and you can believe it's fine.

Poet and Peasant
and
Pique Dame

Hear it to-night at your dealer's.

A-1832 65 cents

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OPPENHEIM, COLLINS & Co

34th Street—New York

Announce for To-morrow (Saturday)

Sale of Women's Tailored Suits

At Reduced Prices

Women's Tailored and Dressy Suits taken from the regular stock in a wide range of this season's most fashionable materials and colors; fur, velvet and braid trimmed.

Will Be Offered at

25.00 **29.75** **35.00**

Style, Make and Linings represent the usual Oppenheim, Collins & Co.'s high standard of quality.

OPPENHEIM, COLLINS & Co

34th Street—New York

America's Foremost Specialists

Misses' Fur Trimmed Velveteen Suits

A wide range of the season's most fashionable models, belted, flared, tailored and blouse effects; various coat lengths. Richly lined and wool interlined.

29.75 **35.00** **45.00** **55.00**

Misses' Tailored Suits

Several models of Broadcloth and Gabardine in fashionable colors, various coat lengths, trimmings of fur, velvet and braid.

Special **20.00**

Misses' Suits of Gabardine, Broadcloth and Whipcord, in Black, Navy, Plum, Brown and Green; fur trimmed. Special **25.00**

Misses' Velveteen Suits, braid and fur trimmed belted models, superior silk lined and wool interlined. Special **29.75**

Misses' Smart Coats

Misses' Coats of Corduroy, Mixtures, Velour Checks and Zibeline; attractive models suitable for general wear; some fur trimmed.

Special **15.00**

Misses' Dressy Coats of Broadcloth, Velour Cloth, Duvetyn and Corduroy, silk lined throughout and interlined. Special **29.75**

Misses' Seal Plush Coats; smart belted model, with trimmings of Skunk Opossum or Raccoon; silk lined throughout. Special **35.00**

Exceptional Values Offered in

Girls' Velveteen and Corduroy Coats

Dressy model of superior Velveteen and Corduroy, in Black, Brown, Green and Burgundy. New Chin Chin Collar, Mole or Beaver trimmed, richly lined and interlined. Special **25.00**

Girls' Coats—4 to 10 years.

Girls' Tailored and Dress Coats of Broadcloth, Whipcord, Wool Velour, Corduroy and Chin-chilla; Fur & Velvet trimmed.

Special **9.75**

Girls' Velveteen Coats in Mahogany, Green, Brown, Black and Copenhagen; Fur collar; full lined and interlined.

Special **12.75**

Girls' High Class Dress Coats of Chiffon Broadcloth, Velveteen and Corduroy; Beaver and Squirrel trimmed; Silk lined throughout and interlined.

Special **19.75**

Girls' Coats—10 to 16 years.

Girls' School Coats, smart models in Corduroy, Zibeline, Chinchilla and Mixtures, in Green, Brown and Navy.

Special **9.75**

Girls' Dressy Coats of Zibeline, Pebble Cheviot, Velour Check, Wool Plush and Overplaids; Fur and Velvet trimmed.

Special **13.75**

Girls' Dressy Coats of Broadcloth and Corduroy, in Navy, Brown, Green and Black; Fur trimmed; full lined and warmly interlined.

Special **19.75**